

*Messages from Buddha Heart Village*

No. 1801-001

“Ananda, be your lamps unto yourselves. Rely on yourselves, and do not rely on external help. Hold fast to the truth as a lamp. Seek salvation alone in the truth. Look not for assistance to any one besides yourselves.

“Those who, either now or after I am dead, shall be a lamp on themselves, relying upon themselves only and not relying upon any external help, but holding fast to the truth as their lamp, and seeking their salvation in the truth alone, shall not look for assistance to any one besides themselves, it is they, Ananda, among my disciples who shall reach the very topmost height! But they must be anxious to learn.”

The above quotations are Skyamuni Buddha’s last instructions. Read it carefully and feel it. We cannot miss the point that we must be an independent searcher, searching for the true self, the intrinsic nature. We must walk the path alone and cannot find a proxy. We cannot rely upon our parents, our children, our teachers, or even the Buddha.

To be a Buddhist means to become a Buddha. That means we must educate or transform ourselves to the perfect state of body-mind. The perfect body-mind has no boundary, no shape, no obstructions; it pervades space as the fields of gravitation and electromagnetism. Since this body-mind responds to all dharmas, as a television or a radio to broadcasts, it is called the Dharma Body. We may say that a Buddha is an independent, free, and happy person of immeasurable wisdom, Samadhi, and compassion. To avoid being drifted in this turbulent world, we must have a goal. Can we find a better goal than becoming a Buddha? No, I cannot.

Now, my dear Dharma Friends, let us walk the path of truth with determination and courage. Walk alone without the fear of being lonely, because all Buddhas and Bodhisattvas have trodden the path before us. If you want to be enlightened as a Buddha, walk The Way. This is the Buddha’s way, the only way.

A Buddha Heart Villager

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